



Wellness Pathways

Origin Healing: Healing Inside Out

Do you wonder if there isn't something more? Have you had flashes of insight that you have ignored only to realize that those flashes were right? Are you able to trust your inner knowing at all times? Do you "go with the flow" or "kicking and screaming"? Do you feel connected to something greater, but are not sure how to align with it during times of stress or illness? Have you ever wondered about the reason you get sick?

The foundation of all healing resides within the individual. Very often that understanding and the ability to align with our own ability to heal ourselves or to fully participate in our healing lies untapped and unacknowledged. Through learning to trust our inner experiences and align with our true selves we can awaken to our inherent self healing nature and re-connect to the creative flow of the universe from which all healing emerges.

WHEN: Wednesday, January 19, 2008

WHERE: Integrative Healing House
Sutter Lakeside Hospital Center for Health
5176 Hill Road, Lakeport

TIME: 9:00am – 5:00pm

Instructor: Leslie Lovejoy, Ph.D.

COST: \$80.00

To Register, call the Wellness Center at 707-262-5171. For information contact Leslie at www.wellness-pathways.com.